

## HELP BPS BECOME A LITTERLESS / BOOMERANG LUNCH SCHOOL.....

### ***Did you know...***

On average, a single school-age child generates approximately 67 pounds of lunchtime waste per school year which for a school the size of Belfountain, means a **total of 10,385 pounds of lunch waste!** Let's do our part to clean up our lunches, reduce waste and help green our earth. It may seem daunting at first, but step by step, we can reduce our waste and further support our school's eco focus.

A **litterless lunch** or snack is one where there are NO THROWAWAY materials at the end of the lunch. In cases where disposable packaging is unavoidable, a **boomerang lunch** or snack means that any litter that is generated by a student's lunch comes right back home in that student's lunch bag.

Pack...	Avoid.....
<ul style="list-style-type: none"><li>• Food in reusable containers</li><li>• Drinks in a thermos or reusable container</li><li>• A cloth napkin</li><li>• Reusable utensils</li><li>• Reusable lunchbox or pack</li></ul>	<ul style="list-style-type: none"><li>• Food packed in plastic bags, foil, wax paper...</li><li>• Pre-packaged foods i.e. single serve lunches, yogurt tubes</li><li>• Paper napkins</li><li>• Disposable utensils</li><li>• Disposable drink boxes, cans, pouches, cartons and bottles</li></ul>

Here are a few suggestions to help make this work.....

- Try asking your children what changes they can make to make their lunches more environmentally friendly by generating less waste – see what they will come up with!
- Try packing lunches the night before and keeping them in the fridge, have your kids add the ice pack and fill the drink bottle in the morning
- Help older children make their own nutritious, litterless lunches
- Monitor food quantities to avoid excess food and waste
- Instead of single serving items (yogurt cups, crackers/cheese, pudding), try buying bigger servings and sending the appropriate quantity in a reusable container
- Cut up fruits and veggies and pack them in reusable containers, this helps reduce waste as the kids can eat a few pieces and save the rest for later
- Avoid sending drinks or food in packaging that cannot be resealed as many only take a few sips/bites and then discard the rest
- Kids can take responsibility for recycling and packing up any litter to come back home
- Offer a few choices and let the kids decide what to pack – they are more likely to eat it if they've chosen it

In support of the Belfountain Public School's litterless lunch program, the School Community Council has partnered with Noinkee's Inc. and Loveable Labels!

**Noinkee's Inc.** is a retail business based in Orangeville that sells Kleen Kanteen and Laptop Lunch products. Information on pricing and order forms can be found on the school website <http://belfountain.peelschools.org>.

Purchasing can be done via email or phone with Miyeko Simons, [info@noinkees.com](mailto:info@noinkees.com) or phone 519-942-4456.

***Be sure to let her know you are a member of the BPS Community!***

Alternatively, you print an order form from the website, fill it in and return it with a cheque to the school and we will submit your order to Noinkee's.

Also - label it don't lose it! **Loveable Labels** are custom labels and name tags to help your child keep track of their things. If you visit our school website, click on the Fundraising button and then on the Loveable Labels link to see their products and place an order.

Each purchase from **Noinkee's** and **Loveable Labels** supports our school!